

### Abstract of the Disclosure

A supportive upper body constraint device comprising a base comprising a foam material with a preselected impression load deflection (ILD) ratio for a desired resiliency, and a smooth-surface cover on the base comprising an elastomeric foam material with an ILD ratio less than the base. The device comprises opposing support members on the base, the cover supportingly disposed by the base and support members in a concave contour defining a cavity.